

# Palma's

## KITCHEN



CATERING MENU  
Spring/Summer 2026



## Vegetarian Breakfast Platter

Assorted Platter Includes:

- \* English Muffin with Egg, Rapini, Tomato & Provolone Cheese
- \* Bagel with Egg, Grilled Vegetables & Provolone Cheese
- \* Panuzzo Bread with Egg, Peppers, Mushrooms, Tomato & Provolone Cheese

**Serves 10, \$59.79**



## Meat Lovers Breakfast Platter

Assorted Platter Includes:

- \* English Muffin with Egg, Sausage & Cheddar Cheese
- \* Bagel with Egg, Ham & Cheddar Cheese
- \* Panuzzo Bread with Egg, Bacon, Tomato & Provolone Cheese

**Serves 10, \$64.39**



## Bagels & Cream Cheese

Includes assortment of Bagels, Cream Cheese and Whipped Butter Pots

**Serves 10, \$30.59**



## Muffin Platter

Fresh baked muffins. Includes assortment of Chocolate, Wild berry, Morning Glory, and Lemon Cranberry.

**12 Pack, \$23.99**



## Mini Sfogliatella Ricca Platter

Traditional Neapolitan wafer pastry stuffed with Ricotta

**20 Pieces, \$35.99**



## Cannoli Platter

Chocolate covered Cannoli shell stuffed with Fresh Ricotta & Chocolate Chips

**Serves 10, \$29.39**



## Coffee Take Away

**(10 Cup), \$26.29**



Includes Cups, Stir Sticks, Sugar, Milk and Creamers

## Antipasto Platter

Mushrooms, Roasted Red Peppers, Artichokes, Stuffed Peppers and Green Olives

**Large (Serves 8-10), \$57.59**



## Pumpnickel Spinach Dip

A classic creamy dip with Spinach and Parmesan Cheese served with Bread & Crostini

**Large (Serves 8-10), \$29.99**



## Classic Diced Cheese Platter

Swiss, Marble, Cheddar, and Mozzarella Cheese. Garnished with Grapes & Strawberries

**Large (Serves 8-10), \$57.59**  
**Extra Large (Serves 18-20), \$104.79**



## Sliced Deli & Cheese Platter

Olives, Prosciutto, Capicola, Salami, Mortadella, Provolone & Bocconcini Cheese

**Large (Serves 8-10), \$57.59**  
**Extra Large (Serves 18-20), \$104.79**



## Diced Deli & Cheese Platter

Cacciatore, Ham, Kolbassa Olives, Cheddar, Marble & Swiss Cheese

**Large (Serves 8-10), \$57.59**  
**Extra Large (Serves 18-20), \$104.79**



## Sliced Deli Platter

Roasted Turkey, Ham, Roast Beef, Salami, BBQ Chicken and Giardiniera

**Large (Serves 8-10), \$57.59**  
**Extra Large (Serves 18-20), \$104.79**



## Vegetable Platter

Carrots, Celery, Broccoli, Cauliflower, Cherry Tomatoes and Ranch Dip

**Large (Serves 8-10), \$39.99**  
**Extra Large (Serves 18-20), \$71.99**



## Grilled Vegetable Platter

Zucchini, Eggplant, Roasted Red & Yellow Peppers

**Large (Serves 8-10), \$42.99**  
**Extra Large (Serves 20), \$90.29**



**Mini Margherita Arancini** (30 pieces)  
Lightly breaded rice balls stuffed with tomato and cheese served with Marinara Sauce.  
**\$29.59**



**Spring Rolls** (20 pieces)  
Crispy fried vegetable spring rolls served with Plum Sauce  
**\$29.59**



**Breaded Mozzarella Sticks** (24 pieces)  
Lightly Italian seasoned breaded Mozzarella Cheese sticks served with Marinara Sauce.  
**\$43.99**



**Mac and Cheese Bites** (30 pieces)  
Served with Ketchup Dip  
**\$29.99**



**Breaded Shrimps** (24 pieces)  
Lightly breaded Italian seasoned torpedo shrimp served with Thai Chili Sauce.  
**\$54.99**



**Jalapeno Poppers** (24 pieces)  
Crispy breaded cream cheese stuffed jalapenos served with Thai Chili Sauce.  
**\$43.99**



# Pasta Dishes

Gluten Free Vegetarian Lactose Free Vegan

## Meat Lasagna

Large (Serves 6-8), \$53.89  
Extra Large (Serves 20), \$122.49



## Vegetable Lasagna

Large (Serves 6-8), \$53.89  
Extra Large (Serves 20), \$122.49



## Chicken Lasagna

Large (Serves 6-8), \$53.89  
Extra Large (Serves 20), \$122.49



## Cheese & Spinach Lasagna

Large (Serves 6-8), \$53.89  
Extra Large (Serves 20), \$122.49



## Meat Cannelloni (Veal)

Large (14 Pieces - Serves 7), \$48.99  
Extra Large (34 Pieces - Serves 17), \$114.89



## Cheese & Spinach Cannelloni

Large (14 Pieces - Serves 7), \$48.99  
Extra Large (34 Pieces - Serves 17), \$114.89



## Penne Creamy Garlic

Large (Serves 6-8), \$52.39  
Extra Large (Serves 20-25), \$122.49  
Extra Large Shallow (Serves 15-18), \$85.29



## Rigatoni Bolognese

Large (Serves 6-8), \$45.99  
Extra Large (Serves 20-25), \$112.49  
Extra Large Shallow (Serves 15-18), \$85.29



# Pasta Dishes

Gluten Free Vegetarian Lactose Free Vegan

## Tortellini or Ravioli in Tomato Sauce

Meat or Cheese

Large (Serves 6-8), \$47.99

Extra Large (Serves 20-25), \$114.89

Extra Large Shallow (Serves 15-18), \$89.69



## Tortellini or Ravioli in Alfredo Sauce

Meat or Cheese

Large (Serves 6-8), \$52.99

Extra Large (Serves 20-25), \$122.49

Extra Large Shallow (Serves 15-18), \$95.49



## Penne alla Vodka

Large (Serves 6-8), \$45.99

Extra Large (Serves 20-25), \$112.49

Extra Large Shallow (Serves 15-18), \$85.29



## Penne Arrabiata

Large (Serves 6-8), \$45.99

Extra Large (Serves 20-25), \$112.49

Extra Large Shallow (Serves 15-18), \$85.29



## Penne Tomato or Rose Sauce

Large (Serves 6-8), \$44.99

Extra Large (Serves 20-25), \$106.99

Extra Large Shallow (Serves 15-18), \$77.99



## Pasta Roll Tomato Sauce (Meat or Cheese)

Large (12 Pieces - Serves 6-8), \$48.99

Extra Large (22 Pieces - Serves 12), \$92.89



## Pasta Roll Alfredo Sauce (Meat or Cheese)

Large (12 Pieces - Serves 6-8), \$57.99

Extra Large (22 Pieces - Serves 12), \$108.99



## Eggplant Parmigiana

Large (Serves 6-8), \$53.89

Extra Large (Serves 20), \$122.49



## Chicken Souvlaki

(2 pieces /serving)  
Served with Tzatziki Sauce

**6 Servings, \$55.59**  
**12 Servings, \$110.99**



## Veal or Chicken Parmigiana

**6 Servings, \$60.49**  
**12 Servings, \$120.99**



## Veal or Chicken Scaloppine

• Veal Scaloppine is 2 pieces per serving  
• Chicken Scaloppine is 1 piece per serving

**6 Servings, \$62.79**  
**12 Servings, \$125.49**



## Roasted Chicken

(2 pieces /serving)  
**6 Servings, \$60.79**  
**12 Servings, \$121.59**



## Chicken Sorrentino

Breaded and Fried Chicken Breast, Eggplant, Tomato and Mozzarella Cheese

**6 Servings, 70.59**  
**12 Servings, \$140.99**



## Chicken or Veal Picatta

White Wine, Lemon, Butter and Capers.

• Veal Picatta is 2 pieces per serving  
• Chicken Picatta is 1 piece per serving

**6 Servings, \$58.99**  
**12 Servings, \$117.99**



## Mango Salsa Chicken

Grilled Chicken Breast with fresh Mango Salsa

**6 Servings, \$60.49**  
**12 Servings, \$120.99**



## Piri Piri Chicken

(2 pieces /serving)  
**6 Servings, \$60.49**  
**12 Servings, \$120.99**



## Italian Sausage with Peppers & Onions

Your choice of Mild or Spicy

**6 Servings, \$43.99**  
**12 Servings, \$88.29**



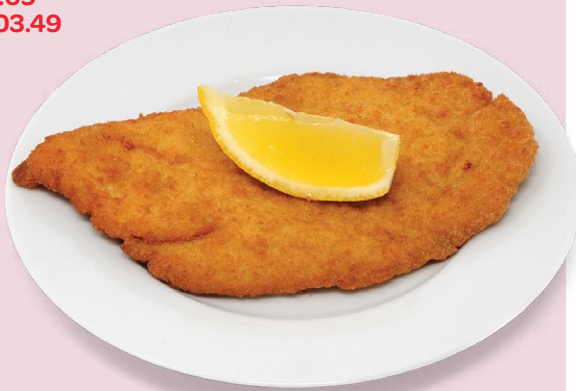
## Breaded Veal with Lemon Wedge

**6 Servings, \$56.99**  
**12 Servings, \$113.89**



## Breaded Chicken with Lemon Wedge

**6 Servings, \$51.69**  
**12 Servings, \$103.49**



## Basa Fish Fillet

Choice of Steamed with  
Bruschetta Topping  
or Breaded and Fried

**4 Servings, \$42.79**  
**8 Servings, \$85.49**



## Frittura Di Pesce (Shrimps, Scallops, Calamari)

**6 Servings, \$122.79**  
**12 Servings, \$245.59**



## Pesce in Umido (Shrimp, Scallops, and Mussels)

**6 Servings, \$168.99**  
**12 Servings, \$337.89**



## Fried Calamari

**6 Servings, \$42.99**  
**12 Servings, \$85.99**



## Fried Cod

Includes tartar sauce

**4 Servings, \$41.39**  
**8 Servings, \$82.89**



# Carving Station

Gluten Free Vegetarian Lactose Free Vegan

Create an unforgettable centerpiece for your event with fresh, oven-roasted Prime Rib and classic Italian Porchetta – now available as whole roasts.

## Prime Rib

(Minimum 3 kg, Serves 12-15)  
Premium prime rib, seasoned and slow-roasted, served with rich au jus.

**\$199.00**



## Porchetta

(Minimum 3 kg, Serves 12-15)  
Traditional Italian-style roast pork, seasoned with herbs and spices, slow-cooked until tender with a perfectly golden, crispy skin.

**\$99.00**



## Optional Add-ons:

### Sandwich Buns

12 Pack

**\$7.50**



### Sandwich Toppings

Includes Sweet Peppers, Onions and Mushrooms

**Large**  
(serves 8-10)  
**\$39.29**

**Extra Large**  
(serves 20)  
**\$78.99**



# Vegetables

Gluten Free Vegetarian Lactose Free Vegan

## Roasted Potatoes

Large (serves 8-10), \$28.29  
Ex-Large (serves 20), \$56.49



## Parisienne Potatoes

Large (serves 8-10), \$28.29  
Ex-Large (serves 20), \$56.49



## Baby Carrots

Large (serves 8-10), \$33.99  
Ex-Large (serves 20), \$67.99



## Broccoli

Large (serves 8-10), \$35.99  
Ex-Large (serves 20), \$71.99



## Peas

Large (serves 8-10), \$34.99  
Ex-Large (serves 20), \$69.99



## Rapini

Large (serves 8-10), \$52.99  
Ex-Large (serves 20), \$105.99



## Green Beans

Large (serves 8-10), \$41.99  
Ex-Large (serves 20), \$84.59



## Mushrooms

Large (serves 8-10), \$39.29  
Ex-Large (serves 20), \$78.99



## Vegetable Medley

Carrots, Broccoli, and Cauliflower  
Large (serves 8-10), \$39.29  
Ex-Large (serves 20), \$78.99



## Italian Rice

Tomato Sauce, Onions,  
Zucchini & Peppers  
Large (Serves 8-10), \$34.99  
Ex-Large (Serves 20), \$69.99



## Vegetable Rice

White Rice with Peas,  
Carrots, Corn & Zucchini  
Large (Serves 8-10), \$34.99  
Ex-Large (Serves 20), \$69.99



# Most Requested Menus

**Menu #1**  **\$14.29**



- Choice of Pasta
- Italian or Garden Salad & Dressing
- Bread and Butter

**Menu #2** **\$18.99**



- Choice of Pasta
- Sausage with Onions and Peppers
- Italian or Garden Salad & Dressing
- Bread and Butter

**Menu #3** **\$21.89**



- Choice of Pasta
- Chicken or Veal Parmigiana
- Italian or Garden Salad & Dressing
- Bread and Butter

**Menu #4**  **\$19.59**

**GLUTEN FREE OPTION\***



- Chicken Souvlaki (2 pieces)
- Vegetable Rice
- Greek Salad & Dressing
- Bread & Butter

**Menu #5** **\$26.99**



- Choice of Pasta
- Veal or Chicken Parmigiana
- Choice of 1 Vegetable\*
- Roasted Potatoes
- Italian or Garden Salad & Dressing
- Bread and Butter

**Menu #6** **\$28.49**



- Choice of Pasta
- Veal and/or Chicken Scaloppine  
(Combo add \$4.99 /person)
- Choice of 1 Vegetable\*
- Roasted Potatoes
- Italian or Garden Salad & Dressing
- Bread and Butter

**Menu #7** **\$18.59**



- Grilled Chicken
- Vegetable Rice
- Italian or Garden Salad & Dressing
- Bread and Butter  
(whole wheat available upon request)

**Menu #8**  **\$18.59**



- Eggplant Parmigiana
- Vegetable Medley (w/ Carrots, Broccoli & Cauliflower)
- Italian or Garden Salad & Dressing
- Bread and Butter  
(whole wheat available upon request)

**Menu #9** **\$18.59**



- Choice of Pasta
- Roasted or Piri Piri Chicken (2 pcs per serving)
- Italian or Garden Salad & Dressing
- Bread and Butter  
(whole wheat available upon request)

# Party Size Pizzas

Gluten Free Vegetarian Lactose Free Vegan


*Pizza's cut into 20 pieces*

**Cheese, \$30.29**   
Mozzarella, Parmigiano  
and Tomato Sauce



**Pepperoni and Cheese, \$34.29**  
Pepperoni, Mozzarella  
and Tomato Sauce




**Grilled Vegetable, \$35.39**   
Tomatoes, Zucchini,  
Peppers and Eggplant



**Italian Vegetable, \$35.39**   
Tomatoes, Peppers  
and Black Olives



**Caprese, \$37.59**   
Roma Tomatoes  
and Bocconcini



**Meat Lovers, \$37.59**  
Pepperoni, Ham  
Sausage and Bacon



**Potato and Bacon, \$37.59**  
Herbed Oil, Potatoes  
and Bacon



**Margherita, \$37.59**  
Roma Tomatoes, Fior Di Latte,  
Garlic, Fresh Basil, and  
Extra-Virgin Olive Oil.



**Pesto Chicken, \$39.99**  
Grilled Chicken, Bocconcini  
and Pesto



**Chicken Bruschetta, \$39.99**  
Grilled Chicken,  
Herbed Tomatoes  
and Parmigiano



# Party Favourites

**Ribs & Wings, \$77.69**  
Includes  
2 Racks of Ribs  
and 30 Wings,  
tossed in  
BBQ sauce



**Chicken Fingers & Wedges, \$52.99**  
Includes  
24 Chicken Fingers,  
Potato Wedges  
and Plum Sauce



**Chicken Wings, \$58.59**  
Includes  
40 Wings.  
Your choice  
of BBQ Sauce  
or Dry Rub.



# Pinsa Romana Pizza

Gluten Free Vegetarian Lactose Free Vegan

## *Pinsa pizza's cut into 12 pieces*

Made fresh daily with imported Italian sauces and cheeses. This traditional Roman-style pizza is crafted just like in Italy – with a light, airy crust that's crisp on the outside and soft inside. Slow-fermented and easy to digest, it's the real taste of Rome.

### **Carbonara**

Alfredo sauce, parmigiano cheese, mushrooms, bacon & cheese.

**\$41.99**



### **Diavola**

Chili flakes, fior di latte, soppressata, kalamata olives, mushrooms & hot peppers.

**\$41.99**



### **Margherita**

Fior di latte & fresh basil.

**\$41.99**



### **Molisana**

Rapini & sausage.

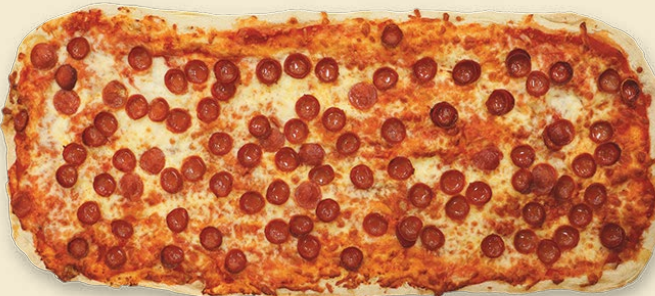
**\$41.99**



### **Pepperoni**

Mozzarella & pepperoni.

**\$41.99**



### **Sicilian Grilled Vegetable**

Mozzarella, onion, zucchini, mushroom, eggplant, goat cheese, peppers & artichokes.

**\$41.99**



# Sandwich & Wrap Platters

Gluten Free Vegetarian Lactose Free Vegan

## Classic Deli Platter (Sandwiches cut in 1/2's)

Choice of White or Whole Wheat Kaisers.

Assorted Platter Includes:

- \* Ham & Cheddar Cheese with Garlic Aioli
- \* Turkey & Havarti Cheese with Pesto Mayo
- \* Roast Beef & Provolone Cheese with Dijon Mayo

**8 Servings, \$49.69**

**12 Servings, \$74.29**



## Deli Salad Platter (Sandwiches cut in 1/2's)

Choice of White or Whole Wheat Kaisers.

Assorted Platter Includes:

- \* Chicken Salad
- \* Egg Salad
- \* Tuna Salad

**8 Servings, \$56.29**

**12 Servings, \$83.49**



## Italian Cold Cut Platter (Sandwiches cut in 1/2's)

Choice of White or Whole Wheat Kaisers.

Assorted Platter Includes:

- \* Capicola & Havarti Cheese
- \* Mortadella, Salami & Mozzarella Cheese
- \* Prosciutto & Provolone Cheese

**8 Servings, \$60.99**

**12 Servings, \$92.29**



## Garden Vegetable Platter (Sandwiches cut in 1/2's)

Choice of White or Whole Wheat Kaisers.

Assorted Platter Includes:

- \* Caprese (Tomato, Basil & Mozzarella Cheese)
- \* Cucumber, Tomato, Lettuce & Provolone Cheese
- \* Grilled Vegetables with Balsamic Glaze

**8 Servings, \$48.59**

**12 Servings, \$70.99**



## Assorted Wraps Platter

(Wraps cut in 1/2's)

Choice of White or Whole Wheat Wraps.

Assorted Platter Includes:

- \* Ham & Cheddar Cheese
- \* Turkey & Havarti Cheese
- \* Grilled Vegetables with Bocconcini Cheese

**8 Servings, \$51.99**

**12 Servings, \$77.69**



## Corned Beef on Rye Platter (Sandwiches cut in 1/2's)

Shaved Corned Beef, Provolone Cheese

with Dijon Mayo on Rye Bread

**8 Servings, \$60.99**

**12 Servings, \$92.29**



# Hot Sandwiches

Gluten Free Vegetarian Lactose Free Vegan

Toppings include Onions, Mushrooms and Sweet Peppers. Protein, Toppings & Buns Packaged Separately.

Chicken or Veal Parmigiana, \$12.99



Meatball, \$11.39



Grilled Vegetable, \$11.39   
Eggplant, Yellow & Green Zucchini,  
and Roasted Red  
& Green Peppers



Grilled Chicken, \$11.39



Italian Sausage, \$9.49



Extra Sandwich Toppings   
Includes Onions, Mushrooms and Sweet Peppers  
Large (serves 8-10), \$39.29  
Extra Large (serves 20), \$78.99



## Italian

Romaine Lettuce, Radicchio, Spring Mix & House Dressing

**Large, (serves 8-10), \$33.79**  
**Ex-Large, (serves 20), \$68.49**



## Garden

Romaine Lettuce, Spring Mix, Cucumber, Tomato & House Dressing

**Large, (serves 8-10), \$33.79**  
**Ex-Large, (serves 20), \$68.49**



## Caesar

Romaine Lettuce, Croutons, Parmesan Cheese & House Dressing  
*Does not include bacon.*

**Large, (serves 8-10), \$40.39**  
**Ex-Large, (serves 20), \$77.49**



## Caprese

Mixed lettuce with Bocconcini, Tomato, Pesto & Italian Herb Dressing

**Large, (serves 8-10), \$40.39**  
**Ex-Large, (serves 20), \$77.49**



## Greek Salad

Mixed lettuce with Tomatoes, Cucumber, Red Onions, Feta Cheese, Black Olives & Greek Dressing

**Large, (serves 8-10), \$40.39**  
**Ex-Large, (serves 20), \$77.49**



## Spinach and Strawberry Salad

Baby Spinach with Strawberry, candied Pecans, Goat Cheese & House Vinaigrette

**Large, (serves 8-10), \$40.39**  
**Ex-Large, (serves 20), \$77.49**



## Mexican Street Corn Salad

Roasted Corn, Feta Cheese, Cilantro, a hint of Jalapeno & Creamy Chipotle Garlic Dressing

**(serves 8-10), \$30.69**



## Creamy Coleslaw

Sliced Cabbage, Carrots, Onions, Fresh Herbs and Spices, in a Creamy Vinaigrette

**(serves 8-10), \$30.69**



## Potato & Egg

Potatoes, Eggs, Carrots, Fresh Herbs and Spices, in a Mayonnaise Dressing

**(serves 8-10), \$30.69**



## Macaroni Salad

Elbow Pasta, Red and Green Peppers, Onions, Fresh Herbs and Spices in a Mayonnaise Dressing.

**(serves 8-10), \$30.69**



## Tuscany Bean

Barley, Navy Beans, Chickpeas, Green and Red Pepper, Green Onions, Sundried Tomato, Pesto, Garlic Puree, in a Light Vinaigrette

**(serves 8-10), \$30.69**



## Pasta Salad

Pasta Tossed with Fresh Green and Red Peppers, Black Olives, Onion, and Garlic, in a Light and Zesty Vinaigrette

**(serves 8-10), \$30.69**



# Sweets





 Gluten Free Vegetarian Lactose Free Vegan

## Dessert Squares Platter

Includes assortment of Brownies, Carrot Cake, Fruit Crumble & Nanaimo Bars  
**Serves 10, \$30.99**



## Cookie Platter

Includes assortment of White Chocolate Macadamia Nut, Chocolate Chunk, Oatmeal Raisin & Double Chocolate  
**Serves 10, \$24.89**



## Fruit Platter

Includes assortment of seasonal fruit  
**Small (Serves 8-10), \$43.99**  
**Medium (Serves 18-20), \$71.79**



## Mini Assorted Italian Pastries Platter

**Small (20 pieces), \$49.99**  
**Medium (35 pieces), \$80.99**  
**Large (45 pieces), \$103.99**



# Beverages

## Assorted Pop Cans

Varieties include Coke, Diet Coke, Coke Zero, Gingerale, & Sprite  
**\$1.50**



## Assorted Pop Bottles

Varieties include Coke, Diet Coke, Coke Zero, Gingerale & Sprite.  
**\$2.50**



## Naya Bottled Spring Water

600 ml Spring Water  
**\$1.50**



## Italian Bottled Water

500 ml San Benedetto Water, choice of Naturale or Sparkling  
**\$1.50**



## Assorted Bottled Juices

Varieties Include Apple, Orange, Cranberry Apple Raspberry, & Lemonade  
**\$2.50**



## Italian Pop Cans

Varieties include Aranciata, Limonata, Melograno & Arancia & Brio  
**\$2.00**



# Bread

## Dinner Rolls

Available in White or Whole Wheat  
**(6 Pack), \$2.50**  
**(12 Pack), \$4.99**



## Knotted Dinner Rolls

**(6 Pack), \$2.50**



## Dinner Rolls & Butter Pots

Available in White or Whole Wheat  
**Each, \$0.50**

## Soft Buns

**(6 Pack), \$3.00**



## Kaisers

**(4 Pack), \$2.00**



## Portuguese Buns

**(4 Pack), \$2.50**



## Ciabatta Buns

**(4 Pack), \$3.99**



## Bagels

Available in Plain, Sesame, Whole Wheat or Everything  
**(4 Pack), \$3.99**



## Vienna Bread

**Each, \$2.99**



## Calabrese Bread

**Each, \$2.99**



## Plain Focaccia

House Made  
**Each, \$3.99**



## Tomato Focaccia

House Made  
**Each, \$3.99**



## Garlic Bread

12" Loaf  
**Each, \$2.99**



