

Palma's

KITCHEN



CATERING MENU
Spring/Summer 2025



Vegetarian Breakfast Platter

Assorted Platter Includes:

- * English Muffin with Egg, Rapini, Tomato & Provolone Cheese
- * Bagel with Egg, Grilled Vegetables & Provolone Cheese
- * Panuzzo Bread with Egg, Peppers, Mushrooms, Tomato & Provolone Cheese

Serves 10, \$56.29



Meat Lovers Breakfast Platter

Assorted Platter Includes:

- * English Muffin with Egg, Sausage & Cheddar Cheese
- * Bagel with Egg, Ham & Cheddar Cheese
- * Panuzzo Bread with Egg, Bacon, Tomato & Provolone Cheese

Serves 10, \$60.59



Bagels & Cream Cheese

Includes assortment of Bagels, Cream Cheese and Whipped Butter Pots

Serves 10, \$28.79



Muffin Platter

Fresh baked muffins. Includes assortment of Chocolate, Wild berry, Morning Glory, and Lemon Cranberry.

12 Pack, \$22.69



Mini Sfogliatella Ricca Platter

Traditional Neapolitan wafer pastry stuffed with Ricotta

20 Pieces, \$33.99



Cannoli Platter

Chocolate covered Cannoli shell stuffed with Fresh Ricotta & Chocolate Chips

Serves 10, \$27.59



Coffee Take Away

(10 Cup), \$24.79



Includes Cups, Stir Sticks, Sugar, Milk and Creamers

Antipasto Platter

Mushrooms, Roasted Red Peppers, Artichokes, Stuffed Peppers and Green Olives

Large (Serves 8-10), \$54.19



Italian Cheese Platter

Friulano, Provolone, Manchego, and Piave Cheese.

Garnished with Grapes, Apricots & Strawberries

Large (Serves 8-10), \$64.79



Classic Diced Cheese Platter

Swiss, Marble, Cheddar, and Mozzarella Cheese.

Garnished with Grapes & Strawberries

Large (Serves 8-10), \$54.19
Extra Large (Serves 18-20), \$98.69



Sliced Deli & Cheese Platter

Olives, Prosciutto, Capicola, Salami, Mortadella, Provolone & Bocconcini Cheese

Large (Serves 8-10), \$54.19
Extra Large (Serves 18-20), \$98.69



Diced Deli & Cheese Platter

Cacciatore, Ham, Kolbassa Olives, Cheddar, Marble & Swiss Cheese

Large (Serves 8-10), \$54.19
Extra Large (Serves 18-20), \$98.69



Sliced Deli Platter

Roasted Turkey, Ham, Roast Beef, Salami, BBQ Chicken and Giardiniera

Large (Serves 8-10), \$54.19
Extra Large (Serves 18-20), \$98.69



Vegetable Platter

Carrots, Celery, Broccoli, Cauliflower, Cherry Tomatoes and Ranch Dip

Large (Serves 8-10), \$37.79
Extra Large (Serves 18-20), \$67.99



Grilled Vegetable Platter

Zucchini, Eggplant, Roasted Red & Yellow Peppers

Large (Serves 8-10), \$40.49
Extra Large (Serves 20), \$84.99



Mini Margherita Arancini (30 pieces)
Lightly breaded rice balls stuffed with tomato and cheese served with Marinara Sauce.
\$27.79



Spring Rolls (20 pieces)
Crispy fried vegetable spring rolls served with Plum Sauce.
\$27.79



Breaded Mozzarella Sticks (24 pieces)
Lightly Italian seasoned breaded Mozzarella Cheese sticks served with Marinara Sauce.
\$41.59



Vegetable Samosas (16 pieces)
Flaky Asian Pastry filled with vegetables served with Thai Chili Sauce.
\$27.99



Breaded Shrimps (24 pieces)
Lightly breaded Italian seasoned torpedo shrimp served with Thai Chili Sauce.
\$51.99



Jalapeno Poppers (24 pieces)
Crispy breaded cream cheese stuffed jalapenos served with Thai Chili Sauce.
\$41.59



Pasta Dishes

Gluten Free Vegetarian Lactose Free Vegan

Meat Lasagna

Large (Serves 6-8), \$50.99
Extra Large (Serves 20), \$115.99



Vegetable Lasagna

Large (Serves 6-8), \$50.99
Extra Large (Serves 20), \$115.99



Chicken Lasagna

Large (Serves 6-8), \$50.99
Extra Large (Serves 20), \$115.99



Cheese & Spinach Lasagna

Large (Serves 6-8), \$50.99
Extra Large (Serves 20), \$115.99



Meat Cannelloni (Veal)

Large (14 Pieces - Serves 7), \$46.39
Extra Large (34 Pieces - Serves 17), \$108.79



Cheese & Spinach Cannelloni

Large (14 Pieces - Serves 7), \$46.39
Extra Large (34 Pieces - Serves 17), \$108.79



Penne Creamy Garlic

Large (Serves 6-8), \$49.69
Extra Large (Serves 20-25), \$115.99
Extra Large Shallow (Serves 15-18), \$90.19



Rigatoni Bolognese

Large (Serves 6-8), \$43.89
Extra Large (Serves 20-25), \$106.59
Extra Large Shallow (Serves 15-18), \$80.59



Tortellini or Ravioli in Tomato Sauce

Meat or Cheese

Large (Serves 6-8), \$45.39

Extra Large Shallow (Serves 15-18), \$84.79

Extra Large (Serves 20-25), \$108.79



Tortellini or Ravioli in Alfredo Sauce

Meat or Cheese

Large (Serves 6-8), \$50.39

Extra Large Shallow (Serves 15-18), \$90.19

Extra Large (Serves 20-25), \$115.99



Penne alla Vodka

Large (Serves 6-8), \$43.89

Extra Large Shallow (Serves 15-18), \$80.59

Extra Large (Serves 20-25), \$106.59



Penne Arrabiata

Large (Serves 6-8), \$43.89

Extra Large Shallow (Serves 15-18), \$80.59

Extra Large (Serves 20-25), \$106.59



Penne Tomato or Rose Sauce

Large (Serves 6-8), \$42.79

Extra Large Shallow (Serves 15-18), \$73.99

Extra Large (Serves 20-25), \$101.49



Pasta Roll Tomato Sauce (Meat or Cheese)

Large (12 Pieces - Serves 6-8), \$46.39

Extra Large (22 Pieces - Serves 12), \$87.99



Pasta Roll Alfredo Sauce (Meat or Cheese)

Large (12 Pieces - Serves 6-8), \$54.99

Extra Large (22 Pieces - Serves 12), \$103.39



Eggplant Parmigiana

Large (Serves 6-8), \$50.99

Extra Large (Serves 20), \$115.99



Chicken Souvlaki

(2 pieces /serving)
Served with Tzatziki Sauce
6 Servings, \$50.89
12 Servings, \$101.49



Veal or Chicken Parmigiana

6 Servings, \$59.79
12 Servings, \$118.89



Veal or Chicken Scaloppine

(add \$4.49 for combo)
6 Servings, \$62.69
12 Servings, \$125.19



Roasted Chicken

(2 pieces /serving)
6 Servings, \$55.69
12 Servings, \$110.59



Chicken Sorrentino

Breaded and Fried Chicken Breast, Eggplant, Tomato and Mozzarella Cheese
6 Servings, \$69.69
12 Servings, \$138.99



Chicken or Veal Picatta

Includes Capers.
Chicken Breast or Veal with White Wine, Lemon and Butter
6 Servings, \$62.69
12 Servings, \$124.19



Chicken Cacciatore

Chicken Breast topped with Mushrooms, Green Peppers, Onions and Diced Tomatoes
6 Servings, \$62.69
12 Servings, \$125.19



Southern Fried Chicken (2 pieces /serving)

6 Servings, \$54.99
12 Servings, \$109.79



Italian Sausage with Peppers & Onions

Your choice of Mild or Spicy

6 Servings, \$40.49
12 Servings, \$80.69



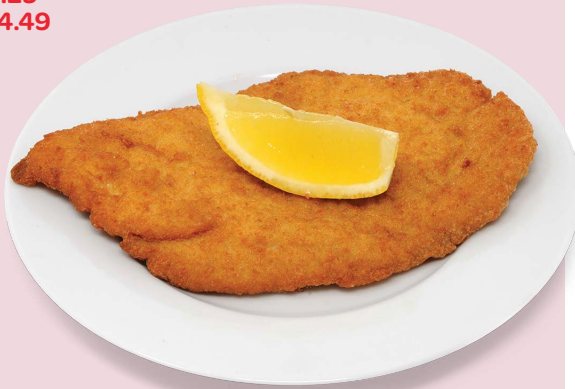
Breaded Veal with Lemon Wedge

6 Servings, \$58.39
12 Servings, \$116.79



Breaded Chicken with Lemon Wedge

6 Servings, \$47.29
12 Servings, \$94.49



Basa Fish Fillet

Choice of Steamed with
Bruschetta Topping
or Breaded and Fried

4 Servings, \$41.49
8 Servings, \$82.89



Frittura Di Pesce (Shrimps, Scallops, Calamari)

6 Servings, \$115.69
12 Servings, \$231.39



Pesce in Umido (Shrimp, Scallops, and Mussels)

6 Servings, \$159.29
12 Servings, \$318.29



Fried Calamari

6 Servings, \$40.49
12 Servings, \$80.69



Fried Cod

Includes tartar sauce

4 Servings, \$38.99
8 Servings, \$77.79



Vegetables

Gluten Free Vegetarian Lactose Free Vegan

Roasted Potatoes

Large (serves 8-10), \$26.59
Ex-Large (serves 20), \$53.19



Parisienne Potatoes

Large (serves 8-10), \$26.59
Ex-Large (serves 20), \$53.19



Baby Carrots

Large (serves 8-10), \$31.99
Ex-Large (serves 20), \$63.79



Broccoli

Large (serves 8-10), \$33.99
Ex-Large (serves 20), \$67.99



Peas

Large (serves 8-10), \$32.99
Ex-Large (serves 20), \$65.89



Rapini

Large (serves 8-10), \$49.99
Ex-Large (serves 20), \$99.79



Green Beans

Large (serves 8-10), \$39.49
Ex-Large (serves 20), \$79.69



Mushrooms

Large (serves 8-10), \$36.99
Ex-Large (serves 20), \$74.49



Vegetable Medley

Carrots, Broccoli, and Cauliflower
Large (serves 8-10), \$36.99
Ex-Large (serves 20), \$74.49



Italian Rice

Tomato Sauce, Onions,
Zucchini & Peppers
Large (Serves 8-10), \$32.99
Ex-Large (Serves 20), \$65.89



Vegetable Rice

White Rice with Peas,
Carrots, Corn & Zucchini
Large (Serves 8-10), \$32.99
Ex-Large (Serves 20), \$65.89



Most Requested Menus

Menu #1  **\$13.39**



- Choice of Pasta
- Italian or Garden Salad & Dressing
- Bread and Butter

Menu #2 **\$17.99**



- Choice of Pasta
- Sausage with Onions and Peppers
- Italian or Garden Salad & Dressing
- Bread and Butter

Menu #3 **\$20.49**



- Choice of Pasta
- Chicken or Veal Parmigiana
- Italian or Garden Salad & Dressing
- Bread and Butter

Menu #4  **\$18.49**



- Chicken Souvlaki (2 pieces)
- Vegetable Rice
- Greek Salad & Dressing
- Bread & Butter

Menu #5 **\$25.59**



- Choice of Pasta
- Veal or Chicken Parmigiana
- Choice of 1 Vegetable*
- Roasted Potatoes
- Italian or Garden Salad & Dressing
- Bread and Butter

Menu #6 **\$26.79**



- Choice of Pasta
- Veal and/or Chicken Scaloppine
(Combo add \$4.99 /person)
- Choice of 1 Vegetable*
- Roasted Potatoes
- Italian or Garden Salad & Dressing
- Bread and Butter

Menu #7 **\$17.49**



- Grilled Chicken
- Vegetable Rice
- Italian or Garden Salad & Dressing
- Bread and Butter
(whole wheat available upon request)

Menu #8  **\$17.49**



- Eggplant Parmigiana
- Vegetable Medley (w/ Carrots, Broccoli & Cauliflower)
- Italian or Garden Salad & Dressing
- Bread and Butter
(whole wheat available upon request)

Menu #9 **\$17.49**



- Choice of Pasta
- Roasted or Fried Chicken (2 pcs per serving)
- Italian or Garden Salad & Dressing
- Bread and Butter
(whole wheat available upon request)

Party Size Pizzas

Gluten Free Vegetarian Lactose Free Vegan


Pizza's cut into 20 pieces

Cheese, \$28.49 
Mozzarella, Parmigiano
and Tomato Sauce



Pepperoni and Cheese, \$32.29
Pepperoni, Mozzarella
and Tomato Sauce




Grilled Vegetable, \$33.29 
Tomatoes, Zucchini,
Peppers and Eggplant



Italian Vegetable, \$33.29 
Tomatoes, Peppers
and Black Olives



Caprese, \$35.39 
Roma Tomatoes
and Bocconcini



Meat Lovers, \$35.39
Pepperoni, Ham
Sausage and Bacon



Potato and Bacon, \$35.39
Herbed Oil, Potatoes
and Bacon



Margherita, \$35.39
Roma Tomatoes, Fior Di Latte,
Garlic, Fresh Basil, and
Extra-Virgin Olive Oil.



Pesto Chicken, \$37.69
Grilled Chicken, Bocconcini
and Pesto



Chicken Bruschetta, \$37.69
Grilled Chicken,
Herbed Tomatoes
and Parmigiano



Party Favourites

Ribs & Wings, \$73.19
Includes
2 Racks of Ribs
and 30 Wings,
tossed in
BBQ sauce



Chicken Fingers & Wedges, \$49.89
Includes
24 Chicken Fingers,
Potato Wedges
and Plum Sauce



Chicken Wings, \$55.19
Includes
40 Wings.
Your choice
of BBQ Sauce
or Dry Rub.



Sandwich & Wrap Platters

Gluten Free Vegetarian Lactose Free Vegan

Classic Deli Platter (Sandwiches cut in 1/2's)

Choice of White or Whole Wheat Kaisers.

Assorted Platter Includes:

- * Ham & Cheddar Cheese with Garlic Aioli
- * Turkey & Havarti Cheese with Pesto Mayo
- * Roast Beef & Provolone Cheese with Dijon Mayo

8 Servings, \$46.79
12 Servings, \$69.99



Deli Salad Platter (Sandwiches cut in 1/2's)

Choice of White or Whole Wheat Kaisers.

Assorted Platter Includes:

- * Chicken Salad
- * Egg Salad
- * Tuna Salad

8 Servings, \$52.99
12 Servings, \$78.59



Italian Cold Cut Platter (Sandwiches cut in 1/2's)

Choice of White or Whole Wheat Kaisers.

Assorted Platter Includes:

- * Capicola & Havarti Cheese
- * Mortadella, Salami & Mozzarella Cheese
- * Prosciutto & Provolone Cheese

8 Servings, \$57.39
12 Servings, \$86.99



Garden Vegetable Platter (Sandwiches cut in 1/2's)

Choice of White or Whole Wheat Kaisers.

Assorted Platter Includes:

- * Caprese (Tomato, Basil & Mozzarella Cheese)
- * Cucumber, Tomato, Lettuce & Provolone Cheese
- * Grilled Vegetables with Balsamic Glaze

8 Servings, \$45.69
12 Servings, \$66.89



Assorted Wraps Platter

(Wraps cut in 1/2's)

Choice of White or Whole Wheat Wraps.

Assorted Platter Includes:

- * Ham & Cheddar Cheese
- * Turkey & Havarti Cheese
- * Grilled Vegetables with Bocconcini Cheese

8 Servings, \$48.89
12 Servings, \$73.19



Corned Beef on Rye Platter (Sandwiches cut in 1/2's)

Shaved Corned Beef, Provolone Cheese

with Dijon Mayo on Rye Bread

8 Servings, \$57.39
12 Servings, \$86.99



Hot Sandwiches

Gluten Free Vegetarian Lactose Free Vegan

Toppings include Onions, Mushrooms and Sweet Peppers. Protein, Toppings & Buns Packaged Separately.

Chicken or Veal Parmigiana, **\$12.29**



Meatball, **\$10.59**



Grilled Vegetable, **\$10.59** 
Eggplant, Yellow & Green Zucchini,
and Roasted Red
& Green Peppers



Grilled Chicken, **\$10.59**



Italian Sausage, **\$8.89**



Extra Sandwich Toppings 
Includes Onions, Mushrooms and Sweet Peppers
Large (serves 8-10), \$36.99
Extra Large (serves 20), \$74.49



Italian

Romaine Lettuce, Radicchio, Spring Mix & House Dressing
Large, (serves 8-10), \$31.79
Ex-Large, (serves 20), \$64.49



Garden

Romaine Lettuce, Spring Mix, Cucumber, Tomato & House Dressing
Large, (serves 8-10), \$31.79
Ex-Large, (serves 20), \$64.49



Caesar

Romaine Lettuce, Croutons, Parmesan Cheese & House Dressing
Does not include bacon.
Large, (serves 8-10), \$37.99
Ex-Large, (serves 20), \$72.99



Caprese

Mixed lettuce with Bocconcini, Tomato, Pesto & Italian Herb Dressing
Large, (serves 8-10), \$37.99
Ex-Large, (serves 20), \$72.99



Greek Salad

Mixed lettuce with Tomatoes, Cucumber, Red Onions, Feta Cheese, Black Olives & Greek Dressing
Large, (serves 8-10), \$37.99
Ex-Large, (serves 20), \$72.99



Creamy Coleslaw

Sliced Cabbage, Carrots, Onions, Fresh Herbs and Spices, in a Creamy Vinaigrette
(serves 8-10), \$29.79



Potato & Egg

Potatoes, Eggs, Carrots, Fresh Herbs and Spices, in a Mayonnaise Dressing
(serves 8-10), \$29.79



Macaroni Salad

Elbow Pasta, Red and Green Peppers, Onions, Fresh Herbs and Spices in a Mayonnaise Dressing.
(serves 8-10), \$29.79



Tuscany Bean

Barley, Navy Beans, Chickpeas, Green and Red Pepper, Green Onions, Sundried Tomato, Pesto, Garlic Puree, in a Light Vinaigrette
(serves 8-10), \$29.79



Pasta Salad

Pasta Tossed with Fresh Green and Red Peppers, Black Olives, Onion, and Garlic, in a Light and Zesty Vinaigrette
(serves 8-10), \$29.79



Sweets





 Gluten Free Vegetarian Lactose Free Vegan

Dessert Squares Platter

Includes assortment of Brownies, Carrot Cake, Fruit Crumble & Nanaimo Bars
Serves 10, \$29.29



Cookie Platter

Includes assortment of White Chocolate Macadamia Nut, Chocolate Chunk, Oatmeal Raisin & Double Chocolate
Serves 10, \$23.39



Fruit Platter

Includes assortment of seasonal fruit
Small (Serves 8-10), \$43.99
Medium (Serves 18-20), \$71.79



Mini Assorted Italian Pastries Platter

Small (20 pieces), \$49.99
Medium (35 pieces), \$80.99
Large (45 pieces), \$103.99



Beverages

Assorted Pop Cans

Varieties include Coke, Diet Coke, Coke Zero, Gingerale, & Sprite
\$1.50



Assorted Pop Bottles

Varieties include Coke, Diet Coke, Coke Zero, Gingerale & Sprite.
\$2.50



Naya Bottled Spring Water

600 ml Spring Water
\$1.50



Italian Bottled Water

500 ml San Benedetto Water, choice of Naturale or Sparkling
\$1.50



Assorted Bottled Juices

Varieties Include Apple, Orange, Cranberry Apple Raspberry, & Lemonade
\$2.50



Italian Pop Cans

Varieties include Aranciata, Limonata, Melograno & Arancia & Brio
\$2.00



Bread

Gluten Free Vegetarian Lactose Free Vegan

Dinner Rolls

Available in White or Whole Wheat
(6 Pack), \$2.50
(12 Pack), \$4.99



Dinner Rolls & Butter Pots

Available in White or Whole Wheat
Each, \$0.50

Soft Buns

(6 Pack), \$3.00



Knotted Dinner Rolls

(6 Pack), \$2.50



Kaisers

(4 Pack), \$2.00



Portuguese Buns

(4 Pack), \$2.50



Ciabatta Buns

(4 Pack), \$3.99



Bagels

Available in Plain, Sesame, Whole Wheat or Everything
(4 Pack), \$3.99



Vienna Bread

Each, \$2.99



Calabrese Bread

Each, \$2.99



Plain Focaccia

House Made
Each, \$3.99



Tomato Focaccia

House Made
Each, \$3.99



Garlic Bread

12" Loaf
Each, \$2.49



CATERING ORDER

Date of Event: _____

Time: _____

Store: _____

Business: _____

Contact: _____

Phone #: _____

Cell #: _____

Email*: _____

Address: _____

City: _____

Postal Code: _____

Main Intersection: _____

HOT

WARM

COLD

MENU # : _____

OF PEOPLE : _____

_____ \$

_____ \$

_____ \$

_____ \$

_____ \$

_____ \$

_____ \$

_____ \$

_____ \$

PLATES/CUTLERY/NAPKINS: _____

\$

DRINKS: _____

\$

ALLERGIES: _____

Price per Person: _____

Sub Total: _____

Special Instructions: _____

Delivery: _____

New Total: _____

Tax (13%): _____

Credit Card Number: _____

Grand Total: _____

Loyalty Card #: _____

Booked By: _____

Date: _____

NO CHANGES OR CANCELLATIONS WITHIN 24-48 HOURS OF CATERING